Truth in Love and Death

Written by Kayo Shiokawa

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Translated by Ichitaro Makimura

# Introduction

Hello, everybody.

I am Kayo Shiokawa.

I am 58 years old, was born on March  $9^{\rm th},\,1958$  in the year of Boar, according to the oriental zodiac.

I am ordinary woman being around everywhere.

I really think, it was good to be ordinary and common. Because, it would be very difficult to go straight on the path being felt and seen in my heart at present, if I had a gifted talent.

I think, the content to be mentioned from now is so much peculiar.

I would like to mention at first, it is difficult for us existing in the visible and audible environment to sort out in our hearts, what the truth is, what the true joy and happiness are. Meanwhile, it is the age to obtain any kind of information through the internet.

It is the age to share the convenience and pleasure to obtain the various information, while sitting at home.

On the other hand, the business of personal computers and mobile phones will continuously spread more in our daily lives, though we cannot deny the negative effects brought by them in the various aspects.

Then the people, seemed to be left behind the wave, tend to drop out in the society. Is it really true?

Is the life of people, who catch the wave of each age and make good use of it, really happy, joyful and rich?

Then, I would like to make a proposal.

It is a proposal, why you don't put aside the overfull miscellaneous information around you, and provide the calm and rich time and space in your daily life to ask yourself or to look within your heart.

It may be normal in this age that one cannot put the mobile phone aside or has the boring day without personal computer.

It is still acceptable, while one laughs it off, as it is natural.

But among them, there may be some people, who cannot put it aside but have become intoxicated, worrying or suffering instead of enjoying.

Hence, they need to control themselves for those things and have a time facing themselves directly.

Why don't you take time and turn your thoughts toward what you feel or what resonates in your heart, without relying on anything.

Aren't your days only to pursue the things in front, when you reflect it?

Do you take good care of yourself?

What is taking good care of you? Do you know it?

I think, there are many people who seem to take good care of themselves but do not, as they do not know it.

It is the time for us, the humans, to take good care of ourselves in the true meaning. We all will be urged more for it from now on.

I sense, the time will come to face ourselves directly in not distant future.

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### Don't you feel lonely?

Don't you feel lonely?

Don't you feel loneliness?

Though your work and personal life are going smoothly and your daily life is fulfilled with a lot of friends around, don't you feel emptiness, the gaping hole in your heart?

Didn't you feel intense loneliness or emptiness?

Though you pour your energy to your work, have a drink, play golf, sing a song, enjoy the trip, dining, shopping or sport, and spend your rich time, or indulge yourself into the virtual world, don't you feel yourself somewhat uninterested?

Please feel easy.

It is not only you feeling lonely.

Everybody is lonely.

The human is fundamentally lonely.

Since the human is lonely, one always wanders to seek something.

I think, there is a person who can express loneliness directly or express it perversely.

However, here is a problem.

In many cases people are unable to realize, "They are lonely."

Though they ask, "Don't you feel lonely" to the people who are chased by the busy schedule and spend quite busy days worrying about the time shortage, it is rare to be responded as "I am lonely."

But rather, it may be contrary.

"I am fulfilled. I don't feel my loneliness at all. I spend my happy life. I wish to do many things. I wish to do whatever I like, as it is one time only life."

For instance, such an answer may be provided.

Actually there are many people who do not know what loneliness is.

Most of people must be so.

As they do not know it, they may pour their energies to something or may indulge themselves into something. Isn't it right?

Though someone senses to be ruined, if one continues it, one may dare to choose going on that way.

There is a case like, it looks foolish for the people around, however one in question does not know the reason but cannot stop it.

Then, why the human is fundamentally lonely?

Doesn't the human become lonely, if one learns the reason?

I think, it will definitely become so.

I think, one can make a break with the fundamental loneliness, if one learns it in the heart.

Contrarily, one will hold one's loneliness forever, unless one learns it.

One will continually seek something to cure or beguile oneself, as long as one holds the loneliness.

Actually, the human sought for love, gentleness and warmth.

However, one can never learn the true love, as long as one holds the loneliness.

It is same as the true gentleness and warmth.

Since one does not know the true love, gentleness and warmth, eventually one holds the loneliness forever, as one's lonely self stands still.

We cannot get out of fundamental loneliness forever, as long as we, the humans, remain unchanged.

It is really unhappy situation.

Though we sought for love, gentleness and warmth continually, those were not genuine, hence we could not meet our true world that is really broad, boundlessly broad world where we exist.

There is no other unhappiness, but we do not know our true selves.

Then, how do I answer, if I am asked by someone, "Don't you feel lonely now?"

I mentioned in my book of the first edition published in 2008 as follows,

"It is lie, if I mention, I am not lonely at all. I still have my lonely heart, my lonely self.

But there is a big difference, when I compare it with myself of several years ago.

There is a world of difference for the strength and weakness of loneliness.

I was born with a lot of lonely hearts.

I learnt in my heart that I have existed without expressing my loneliness.

I am really happy, since I learnt the reason why I was lonely and what I should do then. " I mentioned, it was my true thoughts then.

About 10 years have passed then.

I feel, my lonely heart became smaller now. It is lie, if I mention, I am not lonely at all. It has certainly changed within myself from my lonely heart to joyful heart.

I also sense clearly, it was my sad illusion that my loneliness was faded and healed, as something or somebody was there.

Besides, I can mention clearly that I have to learn firmly, why we the humans are lonely, how we are released from this loneliness, and also it is most important to learn it and is my true life.

I am in such a state now. How about you?

Meanwhile, there may be people who cannot acceptingly read my text written as my true thoughts.

For instance,

"What does it mean to be born with a lot of lonely hearts?"

"What does it mean to have existed forever?"

"What does it mean to learn in the heart?"

There may be people who feel, there is unfamiliar or inharmonious expression even in those short sentences.

I would like to mention the study of heart a little bit for those people in the next chapter.

# This is not the religious book

I have continued for about 25 years "the study of heart. (It is explained in order in this chapter.)"

It also has the big title as "the truth in love and death" in this book.

I would like to clearly mention at the beginning, that "the study of heart" mentioned here and also this book are completely unrelated to any kind of religions.

It does not belong to the difficult category like the philosophy, psychology or spiritual world.

Hence, as this is not the soliciting book for any religion, please do not worry but proceed to read it.

It may be thought as some kind of religions or some kind of difficult things, since it mentions "the study of heart," but it is not.

Certainly, it may be misunderstood, as it mentions the words, love or heart, and may brace oneself, as it is called the study.

Especially among young people, there may be some people who do not like botheration, such as love, death or heart, but like fun enjoying currently and wish to continue it further.

They may wish to make money, have a sweetheart, have a good meal, do something interesting and move through their lives amusingly.

However, how about it? There is not only such amusing events in the world.

Everything does not work out as planned. It becomes somewhat dangerous recently.

Isn't it stressful every day? Don't you go through the cursed days?

Let us turn back and explain a little about "the study of heart."

I have colleagues across the country and overseas, through the seminars hosted by Mr. Tomekichi Taike.

I have the colleagues in the study circle that does not belong to the categories of religious world, spiritual world, philosophy or psychology.

I express that study circle as UTA circle, but it is not the special world where only some people gather.

Nothing special is required to join the circle.

It is the circle that everybody can join.

It is the circle that does not require money, status or honor, but welcomes men and women, olds and youths.

If I tell you the truth more, everybody has already joined the circle.

However, most people do not realize at this moment that they have already been in the circle.

I just invite them to see our circle that does not require the initial fee or eligibility, or the letter of introduction.

We do not solicit anything, though you come and see it.

Our world has no relation with the world binding us and our hearts with moral, discipline, rule, custom or training. There is also no hierarchical relationship at all.

We have studied freely and easily but seriously to "look within our own hearts."

Meanwhile, what do you feel, when you hear "looking within own heart?"

"Looking within the heart," it is the expression of nothing particular.

However, it may be little or none, whether you have heard of "looking within the heart" before.

When you are asked, "what do you think of looking within your heart?"

"As it is looking within the heart, it may be to review what I think now, to mention it or something like that. However, what do I think in my heart now? In fact, I cannot say, what I think in my heart completely accords with what I talk. Sometimes I say something contrarily. Anyway, what I think in my heart does not connect with others, as far as I keep it silent."

"Why can't I tell what I think in my heart directly? Why don't I mention even two third or a half of what I really think? I do not like myself biting my tongue back. I hate such suffering self."

"Why do I say easily what I do not think in my heart? I am terrible. Do they do same as me? Do they say something contrary to their hearts?"

Thus, when you are asked, what looking within the heart is, your heart will emit your thoughts in various directions.

For instance, while you talked to somebody, you might experience that your thoughts were turned away to the different direction from the subject.

As they say, "heart" is not here, "heart" wavers always.

When you wake up in the morning and begin your daily activity, the various pictures and sounds come into yourself through your eyes and ears.

Your heart wavers always, as you look and hear those things.

That means, you think of the various things unconsciously.

In other words, you emanate the vibration or energy unconsciously.

It may be unsure for you.

Though you may have question, why the thinking becomes same as emanating the vibration or energy, that question will be figured out within, as long as you continue to look within your heart.

As a result, though you do not convey your thoughts through your words, your thoughts emanated from your heart has already been radiated as the energy.

In some cases, the different thoughts (vibration) from the thoughts conveyed by words are often flowed out. In fact, the vibration is flowed out prior to the words.

Though how much it is modified by the words, the vibration flowing out first becomes the matter.

The vibration is the energy and does work. The system in the conscious world is hardly understood by the humans. Because, most people think, the physical world is true.

They also think themselves as the physical forms. It is the actual situation that they grasped the things as the physical forms, disregarded the vibrational world and still do so. They may think, others do not know as far as they keep it silent, but the thoughts (the vibration) flow out, though they keep it silent.

They may also think, they can convey their thoughts to others by repeating the words, and can convince or persuade others.

Naturally there is a chance for them to be able to convey, convince or persuade others by doing so.

It is all right. Because it is the matter in the physical world after all.

However, it doesn't work for the essential part.

For instance, the truth, such as the true gentleness, warmth, joy, happiness or love is not verbally expressed by the humans. In other words, let me put it this way.

The thoughts (the vibration) flow out with the words.

The thoughts (the vibration) of the person who uses the words definitely flow out.

The matter is, what the thoughts (the vibration) flowing out is.

For instance, one expresses one's joy or love verbally, but the matter is, whether one mentions the true joy or true love.

We have to first think, the truth is not conveyed verbally.

As it was mentioned before, it is for the essential part.

In case of mentioning the essential part, it is asked, what the basis of speaker is.

Though one uses the same words, we have to confirm that the vibrational world flowing out is different.

It is the biggest challenge for us, who have considered the physical forms to be important. If we consider the words to be important, rely on the words, trust to the words and grab the words, we will definitely fail.

Please do not forget that the thoughts (vibration) flow with the words.

The point is the matter of vibration. It is the matter to find out the vibration.

I would mention again, only one true world is not conveyed by the words.

Naturally, the world exists based on the common knowledge as the world indicated in the forms is true.

The world indicated in the forms is the world felt by eyes, ears, nose, tongue or skin. Especially, the humans act according to the information seen by eyes or heard by ears.

Then they use the words as the means to communicate their ideas or thoughts.

Certainly, the things necessary to live will not be conveyed without the words.

Even though some people do not verbally talk, they communicate unspoken or by heart to heart, as their tone or feelings are harmonized or their thoughts are connected.

However, those are also mentioned in the world indicated in the forms.

They think, that world is true.

However, there is the world connected when one thinks.

In that world, there is no thought as the things indicated in the forms are true.

It is the world without forms but only with "thoughts."

If I am allowed to mention myself a little, I think, the world connected with the thoughts is true, though most people do not doubt that the physical world is true.

Certainly, there is the world of reality that is seen, heard and touched.

However, I think, it is what I have provided in order to learn in my heart the world that I really wished to learn. (the conscious and vibrational world)

In order to learn in my heart the world that I really wished to learn, (the conscious and vibrational world) I think, something necessary for it appears around me and anything unnecessary disappears.

Hence, I became to care less about whether it appeared or disappeared from my eyes. It is the consequence of "the study of heart" continued, that I became to look within my wavering heart when it appeared or disappeared, regardless of the fact that it appeared or disappeared.

I have reached the conclusion to make it the guidepost, what is felt and resonates in my heart, instead of what I see or hear, and move through my lifetime from now on, as it will teach me more what I really wished to learn.

I turn back to "the study of heart" again.

Certainly, the study circle spreads widely now but most people still remain in their lives or circumstances. As they still remain in it, they strongly consider it to be important and give priority to their lives and circumstances.

It is really difficult to give priority to the world felt in the heart, in front of the reality being seen and heard.

It is no wonder, there are many people who try to continue the study, attaching importance to their husbands, wives, parents, children or the relation with the people around, or the circumstances.

When I look around the world, there are a lot of those people.

Even though there are people who believe that the thoughts connect, the wish comes true or such things, they do not think, the world of thoughts (the conscious and vibrational

world) is all about and the real world that is visible and audible is the shadow of the world of thoughts.

The things indicated in the forms are realized.

Those are confirmed by the five senses, such as see, hear, smell, taste and touch.

Most people may want to confirm those, may be able to believe in confirmation of those. In that society, we had the opportunity at present lifetime to study through our physical bodies, that the world confirmed by the five senses such as see, hear and others, that is, the world indicated in the forms is actually the shadow of the world of thoughts and is unsubstantial, and is not the true world.

As it is learnt only in our hearts, Mr. Tomekichi Taike has conveyed for a long time of 30 years to us, who didn't doubt the physical world as true, to let us continue to look within our hearts.

Let me mention a little more the world of thoughts (the consciousness, the vibrational world) and "to look within the heart."

There is the original thoughts for the words and attitudes expressed by us.

As we feel and think of something, we express it by the words or attitudes.

I have mentioned the world of thoughts as the conscious world or the vibrational world. It is required for you to feel that world in your heart through the work to "look within your heart."

You can express any words or any attitudes but please reflect on your thoughts when you have expressed those words or attitudes.

You need to recognize what kind of thoughts came up in your heart, when you have expressed those words or attitudes.

Alternatively, though you express no word or attitude, you must have felt the thoughts or energy welled up instantly in your heart against the person or the thing at the moment when you saw or heard.

You need to reflect on it within yourself.

The human can cheat others but cannot cheat oneself.

If you smile on the face but cry in your heart or you smile but damn in your heart, the vi-

bration and the energy of your crying or damning self flow out.

Those vibration and energy are true.

The physical form is not principal but the vibration and energy are principal.

In fact, it is the reason why this study of "looking within the heart" is not in the categories of religion, spiritual world or psychology.

Why do they master the secret of god or Buddha?

Why do they study the psychology or philosophy?

Though they master the secret or study it, they must wish to enhance, improve themselves or raise their reputation and establish the hierarchical relations.

Alternatively, they wish to save them or find the solution through those.

Namely, those are on the basis of the physical world as true.

Though they read the difficult books or Buddhist scriptures, it is not more than the knowledge.

However, they cannot learn the truth only through the knowledge packed in the brain. There is the limit of the human's brain. Hence, the human may continue the training.

Though you felt, your heart was saved or refreshed, as a result of intently honed spirit, what kind of "heart" was it? What is the basis of that "heart?"

I think, the history has proved that the entity of "heart" has not been figured out. What kind of state are the people with names entered in the history, such as the hierarch, noble priest, enlightened person, person of love?

You will learn it, when you turn your thoughts toward them and feel it. As for the person who is difficult to feel it, please hold on their reputation in the world for the moment. Please move through your life in order to feel your energy within.

"The truth is not learnt in your brain.

The truth is not learnt through the shape, form or word.

The truth must be felt by yourself.

The practice to "look within the heart" is required to feel the truth by yourself.

You have to change your basis through the practice to "look within your heart." I mention it clearly.

Furthermore, I conclude it, "Our true nature of humans is not figured out in the categories of religion, spiritual world, philosophy, literature, psychology or science."

Essentially, "nothing is learnt, unless you practice to 'look within your heart.'

Are you going to end your life again, without learning the purpose of being born and going to die? We are the consciousness. Though we currently have the forms of physical bodies, our true nature is something invisible. Let us look within our hearts in order to believe it within us. We exist as the hearts, energies and do not disappear. We are eternally living consciousness, vibrations and energies."

Certainly, the physical body is vanished away in time. We call it the death.

However, the death is just the event to cast off the current body. The existence of person is not vanished away though one dies, but only the physical body is vanished away.

However, the person, who believes in the physical body as oneself and clings to the physical body, thinks that one ends when one dies.

In that framework of thoughts, as the death of physical body is one's death, the relation is discontinued within oneself, when one appears again with the different body in the physical world.

In that situation, one does never learn that one is eternally existing entity as the heart or energy.

We call it the transmigration, the cycle for the humans to be born and die and to be born again, but it may be mentioned, we do not know the true purpose of transmigration. "Why have we repeated the transmigration?" "What kind of meaning do the physical bodies have for us?"

Now, can you answer these questions properly?

For someone who likes to learn, beginning with this book, I have already published more than 10 books regarding the study of "looking within the heart" by UTA Books.

Please refer to them also.

Especially, I recommend you to read "the flow of consciousness," "the flow of consciousness part 2" and "the turnaround in consciousness."

After that, if you practice to "look within your heart," you will have the question or doubt within you.

For instance, while you move through your daily life, you may feel somewhat unsatisfied thoughts coming up within yourself, whether it is good to spend day by day in this way, there is something I have to really do or it is really good as I am now.

When it comes up within you, please go a step forward into your thoughts.

Why don't you become honest to your thoughts and have a courage to listen to yourself. "Why was I born?"

"What is my life?"

"Is it really good for me to die as I am now?"

Please ask yourself something like those, for instance.

There may be the people who read the various books in order to seek the answer, listened to the lectures of various people or practiced variously, but please begin the practice to "look within the heart" once.

"Looking within one's heart" is the work to seek for the answer within oneself, instead of seeking for the answer outward.

Namely, it is the work to change the direction of the needle in heart from outward to inward.

Within oneself means specifically within one's conscious world.

One's conscious world, that is oneself, really knows everything.

Everybody should be able to answer correctly to those three questions previously mentioned. Because, we are the truth by ourselves.

I wish you to learn it in your heart, through looking within your heart.

I think, you will definitely meet the truth within yourself, your true self.

It is the true purpose of life to meet one's true self.

It is said in the world, "Lives are varied. There are various things as long as we live."

It may be true. Certainly, life is developed for everybody. The lives are varied.

Please do not look at your life considering it philosophically or despairingly, but turn your faithful thoughts to yourself. I wish you to do it.

Turning back to the beginning of this chapter, I mentioned, this study is not a religion.

It may be a part of it, please refer to the following items.

The founder, leader or successor does not exist in our study group.

Furthermore, we do not act as the organization.

We have nothing special to inherit.

There is neither the property nor the successor in this study group.

In the past, the seminars were definitely held by Mr. Tomekichi Taike as the instructor, but that person was not in a position of our founder or leader.

Naturally, those things are not required for us. Because, each one of us is the great entity. However, what reason it is called great for, it is the important point.

It becomes completely different, if we lose that key point.

We call that point the basis of person. It will divide the direction of life on either side, whether the basis is on the physical form or not.

Most people do not know themselves. They think, this is me, this is myself, pointing out their visible forms. If they are blessed with the family lineage, brain, beauty or property, they show it off as it is me including all those things.

If the humans remove those things and become naked, aren't they all same?

Someone may say, "No, there is somebody beautiful but others are not," but those things are perished in time. It will be definitely perished as time passes.

The brain cells also break down day by day.

The honorable lineage or rich property may be hurt or lost at any moment, with any reason.

Anyway, those things are uncertain.

Firstly, those are not carried with, when one dies.

Then, are there anything one can carry with at death? I answer "yes."

I wish you, who think whether there is really anything to be carried with at death, to figure it out in your heart.

I wish you to move through your life to realize the existence of your true self instead of your false self, taking the opportunity of reading this book.

For the people who learnt the existence of such world for the first time by this book, and others who have learnt it for a long time, let us turn our hearts together toward the only one truth.

### What do you imagine from the words of love and death?

Love...

And death...

They both may be vague.

Or someone may have the clear thoughts for them.

There are the novels telling love, the movies, plays and songs themed on love numerously.

Anywhere in the world, love has been the eternal theme for us.

On the other hand, how about death?

We may have the strong feeling not to think of it deeply.

However considering it, we live toward death day by day.

We all die someday but there are not many people who move through considering their death daily.

The people, who are on the verge of death and have no tomorrow, may provide for death in their hearts, however they may not consider it philosophically, but may fear death more.

Even more for the young and healthy people, death is far away.

Naturally death will not be realistic as their matters.

However, it is no wonder to happen anything in the current world.

Though you think, it is the matter of far away, it may come one day suddenly.

Love and death, both may be the difficult subjects.

Please make the time to think of them once.

Though the time of your daily life may flow rapidly, why don't you move the needle of clock within you a little slowly and invite yourself to the time and space to feel or think?

What do you imagine from the word of love? Or how about with the word of death? In the following chapters, I would like to mention my thoughts came up with those.

### Love between man and woman

There are physical bodies functioning as man and functioning as woman.

As there is the gender identity disorder, it is confusing but the physical descriptions are those two.

There are various affairs between man and woman or the same sex.

Formally those are varied such as couple, factual couple, love affair or same sex love. So to say, each one of those is the love story.

No, the love story is not the right words.

Rather it must be the story of love and hate.

I think so.

I love you forever, I love you than anybody else. Though they continue their love time passionately or calmly, or embrace each other, it does never make the love story without "hate."

It will never become the love story in the real meaning.

Though you are satisfied physically or mentally, the love arisen there is followed by "hate." Because, the love between man and woman is not the love in the true world.

I love you, let us move through together.

Those words sound good but there may hide the fearful energy on the other side. Do you know it?

One does never forgive the betrayal for love. One drives both one's lover and oneself to the corner for love.

That kind of energy may swirl at the bottom of heart of the person loving deeply.

Those energies come out as the peculiar incident and create the dreadful scenes of man and woman.

The energy slept at far depth within human comes out taking an opportunity.

At the end of love promising each other, they blow up themselves by the energies to kill each other.

As one loves the other from the heart, one becomes possessive about the other. Thus the wrong love may amplify the negative energy.

The possessive feeling emanates the fighting energy against one preventing it.

I think, the possessive feeling comes out of loneliness.

The humans exist holding the fundamental loneliness.

Hence they are attracted by human's warmth, gentleness and comfort.

Then the tragedy occurs.

The wrong love definitely betrays, though the betrayal is never be allowed.

It is good enough, if one learns one's love was wrong, when one betrayed.

One is betrayed when one seeks love, but still seeks love though one is betrayed, since nobody knows the true love.

Though they go through the disastrous experience so many times, men seek women and women seek men. They repeat it guided by the instinctive impulse and the self-interest. Flushed by the honeyed phrase, driven by the fever, then the tragedy begins as one realizes oneself in the muddy love.

One sinks into the mud by oneself and continues the eternal battle in the mud.

However, they do not realize that they are in the mud.

That is the tragedy.

They realize that they are in the mud and try to escape from there.

While they continue it, "hate" will become smaller gradually.

It becomes only smaller and does not disappear, but the heart becomes lighter at least.

Though it is to learn oneself staying in the mud and try to escape from there, how one can do it specifically.

Should one become gentler?

Should one love more?

No, one can never do it.

Because, one does not know what is becoming really gentle.

Because, one does not know what is really loving people.

Men and women who do not know the true gentleness or warmth, seek greedily each other to fulfill their loneliness.

As the result of seeking, one with stronger energy takes over weaker one.

One loved from the heart, one loved desperately, one loved than anybody else.

Why doesn't it continue forever, though it is hot and enthusiastic love world for just two of them?

Was it really the love world?

One who took in, one who was taken in, they both destruct themselves.

The truth within themselves continually urges them to correct their wrong love. I turn the aspect a little.

It is described as getting old and go into the same grave together, that the couple has the happy married life and the strong vow.

They live and get old together and are laid in the grave together after their death, it is called the happy married couple.

Though it is called the happy married couple in the world, it should be difficult, for the husband and wife or man and woman who forgot their true love, to become harmonized. No, they cannot become harmonized, unless they learn the truth.

They must learn, it is not valid in the true world, though it is valid in this world as they are the happy married couple with gray hairs together.

It is the real story that there are many couples or men and women relationships to be expressed as the unsavory ties.

As it is described as the married couples in the separate bedrooms in these days, it seems good to maintain the relationship neither too close nor distant.

However, does it really work?

### Love between parent and child

As one reaches the certain age, may often think of one's parent.

When one marries and becomes the father or mother, one may freshly think of one's parent.

It may be good for the father but would like to focus on the mother now.

I remember the scene in the movie.

It was the scene that the detective talks about the mother in home town to have the criminal confess the crime. It was the moment for the stubborn criminal to waver.

Mom, it is the part for everybody to be touched.

On the other hand, there is a child to kill the parent yelling old bat.

The heart to call mom, the heart to yell old bat, both of those are the feelings in everybody's heart.

The human may have the dual nature.

There may be two extremes in love between parent and child as well as "hate" is involved in love between man and woman.

The parent feels lovely for their child unconditionally, but they may not love every child equally.

There may be parents, especially mothers who are suffering for their feelings that every child is lovely on the one hand, but only this child is annoying on the other hand. Which is really true in the dual nature of humans?

I think, they both are true and also they both are not true.

There are the dual nature to care the parent, to damn dad or insult mom, also to fall into sin or to kill them at last.

On the other hand, there are the dual nature to unconditionally dote on the child or to feel gloomy and become unkind to the child.

Those are the dual nature of humans.

Those are the true and also not true nature of humans.

In those dual nature, the feelings of parent and child become confused and produce the various results.

The results that they forgot their true nature blow out from each standpoint of parent or child.

There is no alternative but to learn and feel their true selves for parent and child to lead their inner selves by true love.

If they meet their true selves, their indulgence as anything is allowed or their selfishness to dominate one-sidedly as obey them, should be corrected in time.

Then, it will not become the extraordinary affair like one becoming the social phenomenon at present.

It should stop before it becomes the affair.

As nobody knows the true self, the various circumstances could act as the trigger, and the energy stored in the heart should blow out.

The energy within will blow out of the parent and child or man and woman.

It is impossible, though they try to prevent it from occurring.

However, there is something to be learnt, when one blows oneself up.

It may be mentioned as one loses everything, when one blows oneself up, however one is not lost though one blows oneself up, as our true selves do not have the physical forms. It is good enough as long as we feel the energy flowed out and learn our mistakes by our-

selves, though how much the physical world including oneself is ruined.

Because, everything exists in order for us to learn our energies, those are, ourselves, though how it is cruel and miserable.

# Worldly desire

The love and hate drama between man and woman is fierce but the blood feud drama is also fierce.

It is us, the humans, who repeated those numerous dramas in spite of the bitter experiences.

Though those humans practice under the waterfall, run around the mountain, practice without sleep or eat, purify themselves or transcribe the scriptures, it is impossible to renounce the worldly desire.

The humans are the silly creatures.

They do not raise the worldly desire after their births but are born with the worldly desire. It is the birth, to have the physical body.

Then also, they die with the worldly desire. It was our history of transmigration.

"No it is not. Though our transmigration was certainly something like that, we are the ordinary people. There might be the person who was enlightened or was the embodiment appeared to save the lost people."

"Do you really believe it? If you do, what reason do you believe it for?

Was it the literature or the lecture of the great person anywhere?

Can you believe it by reading the book or listening to the lecture?

Actually you contact and listen directly from such people or confirm it with your own eyes, then you may accept it first.

Isn't it the incoherent response to accept everything as per the literature or legend in the present age of scientific versatility?"

"No, isn't it the world of human's heart, that is not figured out by the science?

The invisible world like god is the mysterious world, that is not understood by the human but only god knows."

Yes it is. The invisible world is not figured out by the science, nor by religion, psychology or literature.

However, we are capable to learn the invisible world.

That capability was provided for us from the beginning. However, it was two edged blade. We have provided the two edged blades for us with the condition to watch the worldly desire in order to sharpen that capability.

I think, it leads to learn the invisible true world, not to vanish the worldly desire, not to be indulged in the worldly desire, but to watch the worldly desire firmly.

There is no other way but to look within own heart, in order to watch the worldly desire.

One was not released from the worldly desire, though one ran around the mountain or became the hermit.

Contrarily, as one looks within the heart, one learns the invisible world in the heart and can realize oneself.

Then one learns the various desire within and learns the entity of worldly desire.

Hence "looking within the heart" is great.

Because, as one looks within the heart, one learns that the worldly desire is not to be severed but to be released within oneself.

The worldly desire is so called our instinct with the physical bodies.

However, the society does not work out, if we act on our instincts.

We lose our environment to look within our hearts, if the society does not work out, hence it will never become so.

Hence, we have the reason simultaneously, as we are different from other creatures.

The humans having the worldly desire control their reason, improve their learning ability, and create the complicated society along with the transition of time.

It is the true nature of us the humans to continue "looking within our hearts" in it. However, as I repeat it, the humans are silly creatures.

Though we have provided the two edged blades for us, actually we killed ourselves by those blades.

One provides the two edged blades to kill oneself, it is some way silly.

However, don't you think, we the humans are great, if we look ourselves to be born with such preparation or wish?

We die, if a single misstep is taken.

We cannot see the truth, unless we prepare to kill each other with ourselves. I feel it now. Everybody should know that the worldly desire or the greedy energy of humans created the various dramas.

The humans, who made the numerous mistakes in the swirl of that energy, tried to look within the hearts in it for the last time. It is the present lifetime.

Do you know what it is and how great it is to be led to this study in the present lifetime? In the past, one did not know to look within the heart. One was influenced by the trend to achieve the enlightenment through vanishing the worldly desire away.

Though there were the people such as hierarch, noble priest, enlightened person, person of love in the literature, was the worldly desire really vanished away within those people? How did they feel themselves?

How, do you think, they exist now?

They might not cast their physical bodies away after learning the eternal lives or eternal selves.

Though we do not actually meet them, can feel them in our hearts, when we turn our thoughts to them. I mentioned, that capability is provided for us from the beginning. Why don't you try to feel it in your heart, instead of depending on the literature or accepting the story heard from others?

However the quick judgement is prohibited.

In order to sharpen what is provided in oneself, one should begin to look within the heart. Beginning to look within the heart leads to sharpening what is provided within. We have to learn that we may kill ourselves, as it is the two edged blades, unless we use what we have provided really in the true direction.

### We knew only the physical love

There may be many kinds of love, such as love between man and woman, love between parent and child and others.

However, I think, the true love is only one. Love is only one. There should not be many kinds of love. Then, which love is the true love? Is it love presented by man and woman? Is it love flowed between parent and child? Is it love mentioned by the person of love? I think, they all are the fake love. Because, they all are the physical love.

What is the physical love? Is the physical love fake? What does it mean?

"Physical" of physical love means grasping us, the humans, as the physical beings. It is fake to think of love, to mention love, to seek love on the basis as the humans are the physical forms.

However, people do not understand that the physical love is fake, because they think themselves the physical forms.

They would like to mention, "Why are those fake, such as the heart to love people, feeling to love or feeling to care? How much were our hearts saved by the gentleness and warmth of people?"

It is right.

It is known to be happy for people to love and live friendly and peacefully helping each other, rather than they fight and attack each other.

However, can they really do it?

Can they really love and live friendly and peacefully helping each other? The answer is no.

Each one of them has the different character. They have the various habits and thoughts. Because, they all are born with the various backgrounds.

Then they are influenced by the customs or environments of the birthplaces.

No, their backgrounds triggered by the customs, traditions and environments of their birthplaces come out in the open.

The things surfaced give them the forms.

Those are the characters or habits.

Then they attach the common sense and knowledge obtained in the society along with their growth to that framework.

Then they attach or wrap it around and push themselves in the small framework. It is a small world. Everybody insists self-first in the small universe. I think, they just sought for what loving someone was or what true love was variously in that small universe.

However, if one learns the depth within oneself, that is, one's true self instead of small universe, one realizes how small it was what one sought until then.

It might be good enough, while one knew only the small world.

When one jumps out of it and begins to feel a little wider world within oneself, it should be faded away, as what one learnt was small.

Naturally there should be the stories for love between man and woman or others called love, as far as they grasp the humans as the physical forms.

However, one will learn, those do not go beyond the stories.

Those are also not the stories in the imaginary world like the novels or tales, but are the real stories provided by the people. However, one begins to sense, those are also destined to be faded away in the fragile cloudland.

I think, we, the humans, do not exist in the small world.

There is the expression, such as that person has the big heart or deep insight, but it is also the big heart or deep insight felt only in the small world, as far as they grasp the humans as the physical forms.

I think, the true love is not learnt, the true meaning to love ourselves and others is not learnt in the small frame.

When one can learn in the heart, the love on the basis of grasping the humans as the physical forms is nothing but the physical love, one can see the personal relation from the different perspective.

One may feel the deep bond with others looking at oneself and others generously in the true meaning.

Meanwhile, how do you grasp yourself?

Do you think of yourself the visible self that you look at now?

Or, do you think, you exist besides the visible self that you look at now?

Also, do you think, you exist eternally?

Do you object it?

It is very important point, how you do or you are going to grasp yourself.

It is the matter of basis. Everything is concentrated on what basis you stand on.

The person, who believes and does not doubt that one is one's visible self to the naked eyes, will misunderstand love, will be betrayed by love and will suffer by oneself in the small world.

Originally, love is not to be sought or to be given, however one seeks for love.

Then, if it is not given, one continually flows the feeling of grudge as betrayed by love. It may be suitable to mention that one is betrayed by oneself who thought love is to be sought or to be given. It may be suitable to mention that one who thought so was silly. However, it will not be fully understood easily. It will be understood naturally, if your basis is changed.

### I wish to know the true love

As I have mentioned so far, it is the truth, "the true nature of us, the humans, is not the physical being but the consciousness."

We have the transmigration to be born and to die.

Once we transmigrate, it becomes the past lifetime.

Hence, we, the humans, have numerous past lifetimes, as we have transmigrated numerously.

It is common in the past lifetimes that we did not know our true nature as the consciousness.

We were clearly informed first in this lifetime, "We are not the physical beings but the consciousness."

Naturally, I do not have it as the information but realize it clearly in my heart.

Please listen to the thoughts of my past lifetimes, those are, my thoughts carried for a long time, as the physical forms are true.

"I thought, I was the physical form. I sought for love since then.

I sought for love, gentleness, warmth greedily wishing to fulfill my heart.

However, I did not understand love, though I sought for it.

Correctly, I have not understood that I did not understand love because I grasped myself as the physical form.

Hence, I thought continually, love betrayed me at last.

Also, my mistake was that I could not believe, love was free of charge.

I always asked for the return.

I think, there is a part of give and take in the heart as the physical form is true.

One has a little give, almost none or none at all, but always expects the take.

As I expect, I exert "hate" instantly when others go against me.

All love in the physical world are something like those kinds.

Meanwhile, there was the opportunity to give love devotedly.

I had devoted myself, devoted my life and lived in the love to pledge my loyalty.

However, the result was awful. Because all love were fake anyway."

"Do you know the true entity of love that you have prayed for all people to be happy?

I learnt my stupid self, who sank myself into the stupidity and emptiness to pray and wish for the happiness, and damned and grudged god.

Though I prayed and pledged my royalty so much and devoted everything, nothing sought by myself was given to me.

I often experienced the reality, nothing was given but took it away from me. Even though, I did not awake for a long time. I did not understand, why it was wrong for me to make a wish to become happy."

There should be still many people who do not understand why it is wrong even at present. They may generally exert their thoughts as follows.

"We do not have inordinate ambition.

Though we only wish the happiness and peace for our families, is our little wish wrong? Why is it greedy?"

How do you respond to those questions? I think, everybody wishes to become happy.

They ask, what is wrong to wish a little happiness instead of the bigger things.

What do you think existing ahead of wishing to become happy?

It must be the same thing to seek for the true love.

It was wrong by itself both wishing to become happy and seeking for love.

Don't you have the feeling to receive the happiness and true love from outside, as far as you wish to become happy and to seek for the true love?

Don't you have the feeling that everything comes from outside and you get the outer things within?

That thought, the way of thinking is wrong.

My past lifetime mentions again.

"Yes, I have sought for love outside of myself.

I believed, my thoughts should be fulfilled, should be accomplished as I concentrated on praying.

I experienced, it had developed into the energy of psychic power, when it gathered strength.

It was not easy for me to become happy or to learn love.

I really felt, the thoughts wishing to become happy and seeking for love was something like the awful creature in my heart that did not know the truth.

I experienced many times, the energy to concentrate on cursing to death had also ruined myself."

It is the fact that I gave the birth to myself wishing to become happy or to learn true love, though I had various experiences.

I did not understand, why I wished to become happy or to learn love so much.

It was the question in my heart for a long time, how I got the energy to ask for my physical body, though I ruined myself many times.

We were not the physical beings. I learnt in my heart that we were not the physical forms and finally understood the reason why we cried for love desperately.

I wished to accomplish the meeting with my true self.

The question long remained in my heart is beginning to be figured out.

I sought for true love, that was, my true self, though I sought for the wrong love and ruined myself for it many times. I realized, I myself was love.

We were really happy existence from the beginning, though we did not need to wish for happiness.

I fully understand it now, that I became my foolish self who misunderstood the meaning of happiness and love.

I can convert the foolish direction at any time, as soon as I wish it.

We, gathered at the study, had opportunity to learn from our many selves, as everything depended on ourselves.

How about it? Such happy lives were provided for us.

Let us practice to look within our hearts. Let us turn our heart's pointer, that have tended to turn outward, to within ourselves and make the time to learn true joy, true happiness and true love in this lifetime.

We have already suffered enough, made ourselves suffering. That was enough already. Let us forgive ourselves, accept ourselves and recover our true entities.

#### Love that reaches to the depths of heart

I take deep breath in peace and quiet. And I close my eyes. I hit a key in accordance with my thoughts conveyed from the depths of my heart.

"What is love?
I am love, you are love and we are one.
Can you believe it?
You have always sought for love.
You have sought for me.
In fact, you have sought yourself.
We met here finally.
I am love.
Love has slept at depths of your heart.
You did not know love and have always wandered.
Because, you did not realize it.
I always knew you.
I have always called you.
As you are love.

You have realized me finally. I thank you from my heart. You have realized me and realized yourself."

The heart of overflowing love has existed within me.

The endless wellhead of love was myself.

It was the beginning of mistake to seek for love.

I casted myself away and sought for love outward.

I have finally realized that stupidity in my heart.

I was in the long dark tunnel during the time having casted myself away.

Give me love, I want love, I was starving for love and have continuously shouted alone in the dark tunnel. It was my thoughts that did not reach, though I called for.

The responses were only damn and grudge.

"Is it the result of seeking love? Is it the result of pledging the royalty to god?"

I cursed much as I was given the fake love. I grudged it very much.

I cursed at the betrayer. Though I grudged or cursed it, my heart was not cleared. Why was it?

I did not know it. I did not understand it at all.

How much time has passed then?

However, finally it was conveyed from within my heart, why my heart was not cleared, though I grudged and cursed. It was conveyed that it is because you have abandoned me. As soon as you have abandoned me, the dark and black lid was placed over your heart. It was very heavy and made your heart out of control.

There was no way but to be hardened.

It was conveyed that you had no way but to be hardened in the freezing cold.

It is also conveyed, now please call me.

I turned my heart toward those thoughts and nervously called.

It was old familiar. It was warm.

I thought, I knew this feeling, old familiar and warm feeling.

Though I called it nervously, I wished to call more firmly.

"As I am love, I can spit out the dark thoughts stored in my heart. I am relieved, because I met myself, love, that enfolds it, though I spitted out.

"Look within your heart more.

And release your heart more.

The more you become free, the more your heart becomes empty, then yourself of love wells out there again. Your such self will enfold you again." We are given the eternal time. I feel myself that invites to the eternal love. I close my eyes and think of myself. I think of my invisible self, instead of my visible self. I feel, my such self conveys to me. I feel, the energy of love flowing out of me does the work.

"As you are love, you can have yourself awaken. You give the physical body to yourself in order to meet the true love, your true self."

I feel it joyful to relish the thoughts resonating within me.

I sought for love and cursed myself in the darkness.

I feel it now joyful to meet myself who can firmly accept my such self.

# Why does the human seek for love?

As darker as the social situation becomes, life, love and gentleness are required.

It is called to review those valuableness.

The deception is the trend in the world.

However, they do not realize the fundamental deception.

Because, most people do not think, they, whom they think themselves, are fake.

Hence, they do not think, their lives are eternal.

In short, it is thought, that is the end at death. However, they seek the eternal love.

Do they wish to live forever, though they do not think they are eternal?

Do they seek for love forever, since they wish for love to exist forever?

However, how can they believe eternal love, though they do not think themselves to live eternally?

Do they just wish for love to be eternal?

Don't you think, it is irresponsible for the people, who do not know their true selves, to mention that love is eternal?

Those irresponsible people may be respected as the enlightened person or the person of love in the world.

Anyway, it is not possible to find the means to make it clear in the small framework grasping the humans as the physical forms.

I think, they do not understand, what the truth is, what the true love is, unless they release themselves more broadly and more widely.

What is releasing themselves then?

Have you ever thought to release you from yourself whom you think currently living or existing?

"Let us do something tentatively. Let us keep it up for today. Let us move through carefully and refreshingly."

The time passes definitely, thinking of those things variously.

Don't you feel, the day passes instantly?

Someone may set up the aim and keep up to achieve it and may feel fulfilled, satisfied or accomplished.

One may think to spend the meaningful time, but doesn't one eventually feel emptiness as mentioned before?

One may not feel it while one goes forward, but will feel the void or empty hole in the heart one day after the fulfillment and satisfaction passes through.

Though how much one cultivates and challenges oneself and eventually relishes the fulfillment and satisfaction and earns the social reputation, those do not fill the void at the depths of one's heart.

The void definitely exists.

As well as the pleasure and joy in the physical world are temporary, the fulfillment and satisfaction obtained by the effort are not worth to fill the void in the heart.

However it is hardly understandable for us.

I think, everybody spends the time without realizing the void at the depths of heart. I think, the void at the depths of heart is the fundamental loneliness of human who left one's true self behind.

Hence, though one lives in great luxury, one does not meet the true joy or happiness. Because, one is not released from the fundamental loneliness, unless that void is filled. We, the humans, have to fill the voids, the empty holes in our hearts, in order for us to meet the true joy and happiness.

Yes it is. Only the means to fill the void is the meeting with our true selves.

We, the humans, who have cast our true selves away and have the firm voids, seek for physical love instinctively.

One cannot stop seeking for love, though one cannot fill the void by seeking for the physical love.

Though I mentioned that the meeting with one's true self is only means to fill the void, it is required first to release one's false self in order to meet one's true self.

We, the humans, did not know that means at all.

First of all, the human continually seeks something only in the visible, audible and touchable world.

Though one does not know, why one seeks or what one seeks for, one still seeks something to bet oneself. However, almost no people thinks, where the energy to bet oneself or to pour one's full potential comes from.

Actually, there is often a case for one to act, as if one is passionately motivated by something.

Sometimes, if one can act supernaturally, can climb up to the top of the certain world.

Among the people who have made the effort to become so, one may feel joyful one time, as the aim was achieved. However among them, someone may slightly feel it was not right. Someone may feel that something more than one's ability has worked at that moment. Hence, one may thank god.

Those people may feel that the invisible world exists.

However, one does not understand it, though one feels something, since one believes in the physical world.

Then, one's thoughts are turned toward the direction to make one's visible self to progress again.

Eventually, one does not fill the void in heart but closes the glorious life.

One can bring the curtain down on the life but cannot bring it down in one's heart.

One seeks for something to fill the void in heart continuously.

Therefore, one is born again.

Though the curtain goes up in the different life, one cannot meet something to fill the void as one receives only negative responses.

Hence, one often feels the emptiness or loneliness, though one thinks oneself happy. The void in heart still remains.

One may not feel it, as the heart is dull, while one seeks for the status, honor or property. However, those people may also become sensitive taking an opportunity.

Then, they may feel more gap within themselves.

It is the gap between their current bright selves and the reality feeling the emptiness and loneliness in their hearts on the other hand.

Even so, the energy may be faded away within themselves to abandon everything they have and face directly with the things currently confronting.

Eventually they may have no alternative but to convince themselves as it is right. It is the suffering life.

It is the suffering life to fool or cheat oneself, though one receives the certain reputation in the society.

It is also suffering life to tarnish oneself, as influenced by the social ill.

We should have experienced the various lives such as, the life to tarnish one's heart due to poverty or the life turning to crime.

Though we tried to fill the voids in hearts by something, eventually all failed.

As we could not admit our failure, could not release ourselves.

Releasing ourselves meant ruining ourselves, admitting and accepting our failures.

It was natural for us being unable to release ourselves, because we could not admit our failures, could not accept it but abandoned ourselves.

Those histories of hearts are crushing each other within the hearts of all people.

The reason why we have the voids in hearts is that we have moved through without knowing our true selves. Because we cast our true selves away.

It was us, the humans, who have groveled about in the depths of hell.

I wish everybody to know this fact.

I wish everybody not to look away from one's fact but face firmly with one's past lifetimes. I wish many people as possible to feel in the hearts that they had the voids in hearts and had wandered continuously.

I wish everybody to feel in the heart and learn the true love, your true self and spend the truly happy time.

I would like to mention love and death a little more in detail from the next chapter.

# To love

Do you take good care of yourself? Do you love yourself?

You should know to love someone or your loved one.

However, one may wonder what loving oneself is, if one is asked whether one loves oneself or not.

Someone may think, it is natural to take good care of oneself, one's physical self.

But please learn first that it is different to take good care of one's physical self from loving and taking good care of oneself.

In order to love and take good care of oneself, one should first learn one's suffering self. One, who does not learn one's suffering self, cannot love anyone.

One may possibly seek for love of someone else, since one does not learn one's suffering self.

However, one, who cannot really love oneself, cannot love anyone else.

Obviously, there are fake love overflowing in the fake world.

The fake love overflows in the world.

However, it will be faded away in time, as fake is nothing but fake.

The fake love does not last forever. It will break up in time.

Once one learns oneself, one realizes, love was not to be sought for.

One realizes love and warmth welling out of oneself, though one does not seek for it.

The heart to love oneself, the heart to care for oneself will love and cure someone else.

The heart to love oneself, the heart to really care for oneself will reawaken through learning one's suffering and silly self.

It is right, to reawaken.

The heart to love oneself, to care for oneself has originally existed within.

One will really learn, what learning oneself is, as much as one learns one's suffering and silly self.

Then, what is learning oneself?

Everybody does not know oneself, though it looks like knowing it well.

One may mention, one is not such foolish as one does not know oneself.

It means, everybody knows one's false self but does not know one's true self.

Please think of it for a while.

For instance, please quote some of your characters or habits.

Bright, cheerful, timid, cynical, jealous, indirect, short tempered and others.

Then, please do not close out as it is your character but begin to look within your heart a little more in detail.

You may like your bright or cheerful character but may not like your timid or cynical character. Please put it aside for a moment and look further within.

Please look at your thoughts further and "look within your heart."

Though you look bright or cheerful, are you really bright?

Why don't you become honest? Don't you really like to become honest?

What are you angry for? Why are you angry?

Something like that. Please do not put it aside as it is my character or my nature but please do your work to look into the depths of your heart.

Then, your thoughts behind bright and cheerful character may resonate within you. Surprisingly, you may fool yourself.

One time, you may be irritated, as you cannot become honest, though you wish to become honest.

Then, please pursue the reason being unable to become honest.

The human hides the various thoughts in the heart.

Once you look at the depths of your heart, you may feel that it is yourself but does not look like yourself.

For instance, though you thought yourself really bright, you may become to know your different aspect such as you had such a dark part or your fear might become the anger. You may feel strange, like it is yourself but does not look like yourself, however, it is surely yourself.

You may realize your multiple personality but may not understand what your true self is. Consequently, you may feel your various selves without worry, as those are all fake. Meanwhile, you will sense your thoughts flowing out instantly through many people or many affairs.

It should be understandable to express it as the energy.

As you sense your thoughts flowing out instantly, you will confirm, you have stored the fierce energy in your heart.

It is how to learn yourself that you look within yourself until you feel it in your heart. It is good, if you think that the physical form appeared superficially is something like the saucer to feel the fierce energy.

Naturally, as you continue it, you will clearly realize your mental habit or thinking habit. You will learn, it is yourself but you have hated and disfavored your such self for a long time.

You are not taking good care of yourself, if you hate and disfavor yourself.

You are not loving yourself.

Why do you hate and disfavor yourself?

You look away from your dark thoughts or your unfavorable thoughts, as if it should not be yourself.

It is important not to look away but learn it within yourself and forgive you by yourself.

You should not beguile or fool your darkness with something else but accept it by yourself. In order to accept it, you need to turn your heart, that was turned outward until then, toward within yourself.

You do not turn your thoughts outward but turn it inward.

Let us seek love not outward but seek love inward.

Yes it is right.

It is how to love yourself, to pour your energy in order to accept you by yourself.

As much as you love yourself, the gentleness brims over from within yourself.

Please contact the people with that gentleness and warmth.

Though you do not seek love, your inner self is filled with love.

However, this love will not be understood in the world filled with the fake love.

"Love should not be sought outward.

Love should not be given from outside.

However, love exists.

We are love itself, we are all one."

Let us learn the true love, our true selves, through our false selves.

Let us learn the existence of our true selves, who know the true love within ourselves, though how dirty and how greedy we are.

It becomes to flow love, to learn our true selves.

Naturally, only fake love flows, if we know only our false selves.

Loving someone means loving ourselves.

If we really love ourselves, the true love flows out of us, that love cures and loves someone else.

It is the true power. It is the power that we were in love with.

How about it?

Let us love ourselves and reawaken to the true power within us.

# To die

Have you ever thought of your death?

Have you thought of your death, other's death and what it was?

Everybody knows the importance of life.

Let us take good care of life only just given.

Let us move through everyday carefully. Let us move through thankfully. Those are good words. Those words are understandable.

However, what is the life? Why should we take good care of life?

How do you answer it?

I do not think, you can answer it.

Because, you do not know the meaning of death. You do not know the meaning of life.

The people with the suicidal thoughts are increased in these days.

They choose suicide in the desperation, as they can escape from the suffering, and everything disappears at death, though it is sad and suffering in the current life.

Their family and relatives pursue the responsibility to the society or the company that has driven the person who has chosen death.

They appeal the society, such sad and impermissible thing should not occur again. It is enough only for us.

The solution is indemnity.

It would be such claim as the society, that drove the person to suicide, was wrong. There are varied stories, thoughts or feelings.

However, the people who chose death by themselves should not terminate their present lifetime, if they really knew the true meaning of life and themselves.

It is heartless for oneself that one terminates one's life, though how it is painful and sad. It is ignorant thoughts that one can terminate the time. One's time is oneself.

One is ignorant, because one does not know it.

It was one's false self who terminated the time.

Though one's false self terminates the time, cannot terminate one's time, one's true self. Hence, one cannot escape from or vanish away the suffering and sadness, though one terminates it.

The human dies for some cause soon or later.

One will die, even though one does not choose death by oneself.

It is us, who have the materials of physical bodies.

One will reach the time to stop the function in accordance with the physical rule.

The time will definitely come soon or later in accordance with the original physical rule, though one can push the time off by the medical progress.

It does not work out as one's false self expects, though how strong body one has or how much effort one makes for better health.

Even more, god or Buddha does not have power to extend the life.

It is also not like, ill weeds are sure to thrive.

Each person has the time to be planned.

Everything goes in accordance with the time schedule planned by one's true self. Though the time having the physical body is limited, everything goes for what should be done in it.

There is nothing that is unnecessary.

Everything goes in order to meet the thoughts that one wished to be born, to be given birth in the limited time.

One lives as one likes without realizing one's such thoughts.

It is so pitiful that it ends when one dies.

It is also pitiful that one tries hard at life, as nothing is gained by dying.

The joy for living wells out from feeling one's wish for the physical body, to be born.

Then, it is learnt by oneself along with joy of having physical body at present, what it is to abandon it, though there were the suffering and sadness for it and also what it is to indulge oneself for the immense desire.

Once one learns that one was born in order to meet with one's true self, one will learn what the death means.

In fact, it is learnt in the heart, as the material of physical body exists in the rule to be perished as time passes, it is good enough to leave the existing physical body in accordance with that rule, hence it is dying.

Contrarily, the death must be fearful, unless one can meet with one's true self. One will never learn the importance of life.

After the meeting with one's true self, one joyfully reaches the time to cast the physical body away, it is the ideal model of human.

It is only one means to face death directly, that is, to learn one's true self in the heart. Otherwise, it is ineffective, though one believes in god, pray or sing to rest in peace. Death is just fearful.

Though one talks about heaven or hell, one may not know, whether there is really those places existing.

As far as one does not know or does not understand whether one disappears at death, death will be nothing but fear.

Don't you think it is strange that one, who fears death, can be pleased in the heaven or can watch us from the heaven?

Firstly, where is the heaven and hell?

Doesn't everybody cast their physical beings away, without realizing, the heaven and hell existing within oneself?

As far as one thinks, the physical body is oneself, one disappears as soon as the function of physical body ceases.

It is definitely so. The physical cells become perished, as the time passes.

Does one's existence really disappear, when it is burnt to ashes?

How does one grasp the human or oneself?

Depend on it, everything becomes different including the worldly things.

"One still lives, though one dies."

"One exists only within oneself."

Isn't it enlightenment, if one learns in the heart or senses the meaning of those words? Even though one does not use the word of enlightenment, it is the true nature of human. Since one has left one's true nature behind somewhere, one makes tumid noise for the death.

Since the dawn of time, the bridging thoughts between this life and the future life was given to the death.

Those thoughts were expressed as mummy, cray figure, wall painting or ceiling painting. Still now, it is believed that respect for tomb, afterlife name, memorial service or death anniversary means respecting the spirit of dead and is favorable manner.

There may be someone who holds the memorial service with the thoughts to keep the bond in this life until the future life.

Everything is based on the idea of physical form as true.

I must mention now, it is also based on the idea of physical form as true, that one continuously lives as the spirit, though one's physical form is vanished away at death.

One grasps the human as the physical form.

Hence, the spirit and soul mentioned there are totally different from the conscious and vibrational world felt by me.

The death based on the idea of physical form as true is dark, really dark.

It does not lead to joy.

The somber memorial service, being dissolved in tears forever, being moved to tears in memory, aren't they all dark?

How can one feel the courage to live, energy or love, though one puts hands together in the darkness?

### Meeting with one's true self

The human lives without exception with one's true self wrapped one's false self around. However, everybody does not know that one lives with one's false self wrapped around. They have lived so far without knowing it.

It is the present lifetime for the people, who have been led to "the study of heart," to bring it into themselves as their knowledge.

They have obtained the information of "looking within the heart" and have practiced it in their lives as they have learnt.

It is certain for them to try to practice it in their daily lives, though they feel it difficult to "look within their hearts."

Obviously, it may not be all people, who are led to "the study of heart" and practice it, but it is the fact that they have obtained the information of "looking within the heart."
It depends on the time to come, how they put it on the firm basis within themselves. Meanwhile, there are many people who spend the time without learning to "look within the heart" and cast their physical bodies away in time.

It is also the fact that those people lead the present age.

Hence, it is natural for the world to become confused.

Though they think they are decent, the people who do not look within the heart, who do not know to look within, who do not like to look within though they know it, they are all crazed.

The crazed consciousness appears as the forms.

It becomes obvious gradually.

There are people who sense its flow, who sense it faintly or who do not sense it at all. In that flow, the humans work hard in various area to gather their wisdom and power, and create the better future.

Eventually, we share both the benefit and bad effect.

Even though it brings benefit or bad effect for us, we exist definitely in a whirl of desire. One's thoughts being the false self stoke the desire.

As one continues to "look within the heart" and repeats the meditation comfortably in the daily life, one will learn in the heart, it is the silly life of silly human.

One will also learn joy and importance to look within the heart in the silly life of silly human.

Besides, one will learn that one should go over one's silly border by oneself.

Because it was oneself who has created one's silly self over a period of time.

The fake is only fake anyway.

How silly is the silly human?

The human is as silly as one does not realize it though one dies, that everything was fake and had no value, though one obtained as much as one could have.

Hence, one tries hard to obtain the things every time one is born.

One thinks to be able to find something that makes one happy, when one gathers many things around and buries oneself in them, and desperately seeks for the various things. However, as one seeking for is false, can meet only the fake anyway, though how many things one obtains.

Love is one of them.

I think, it is the greatest sorrow of human, that one has known only the fake love.

The fake love may heal the heart of one's false self.

But how does it?

Does that healing or saving continuously heal your heart and become the saving of your heart?

You may know somewhere in your heart, that healing and saving could only be the momentary healing and saving.

Don't you like to meet love, the eternal love to heal, make your heart peaceful and pleasant, instead of the momentary things? Don't you like to learn, how to achieve it then?

As it is mentioned repeatedly, you are required to look at your current self firmly.

Please remove the garnish around you one by one and look at yourself.

You have to begin with facing your naked self.

People who have many things around is troublesome.

Those people have to begin with looking at their thoughts considering the things they have valuable.

One who has nothing is also troublesome.

One who has nothing means the person who cannot have though one wishes to have, instead of having nothing at one's own will, or the person having refused to have.

Those people must have the considerable mental habits.

They must learn it well at first.

It is really dark in the human's heart.

Let us look at ourselves with that major premise. Let us learn that we were born because we were really dark.

The meeting with our true selves begins with the meeting with our real dark selves. There is no gentle person, no right hearted person or no person of deep love existing among the people who do not know their own selves. (who do not meet their real dark

selves.)

Though how much one mentions justice and love from the perspective of oneself as the physical form, one must realize it by oneself that it is not the true justice or true love. The deception has been in rage in the country of Japan.

Though the deception is still in the visible area like the food, the fake justice and fake love are spreading around.

The message as it is fake makes an appeal to us in the human world one after another. That address may be grasped as the warning.

It must be severe for the human society on the basis of physical forms as true.

It is said, the severity is our scream that desperately calls for ourselves as we wish to meet the truth, we cannot do anything more with the fake.

"Let us turn to feel it as the vibration in our hearts, from grasping the things as the physical forms. Otherwise, we cannot learn anything."

I think, that message is involved in each phenomenon.

It is severe and may be difficult to be accepted readily, but the nameless gentleness is felt there.

The truth may begin from our false selves deeply bowing to our true selves as we all were wrong.

I feel, it only leads us to the happiness and joy, though the deep bowing is difficult.

The time will come soon for one to bow oneself, as long as one looks at one's current self continually.

Everybody provides each opportunity to confess from the bottom of heart, as one was sorry, one was wrong.

It is the confession from the bottom of heart.

What does it bring the opportunity to confess for the humans who have repeated the silly things without any change? It is obviously the great phenomenon.

Let us face the reality that we cannot realize it, unless the serious affairs occur.

It is the dangerous world at present.

There are a lot of people with bad temper.

They get mad at even a trivial matter.

They kill the people coolly, if the things do not work out as they expect.

They take someone's life just for a little money or goods.

They trample the people down for their desire.

The means and measure are taught in detail through the internet. It is the present world. Meanwhile, people call for the importance and venerableness of lives.

However, it is also doubtful.

Certainly, the people who commit crimes are the people whose darkness in hearts comes out in the open. There may be the pitiful backgrounds, if it is pursued one by one, what family environment they have grown in, what the circumstances was to become so.

It might occur to be meant so.

However, they have committed the crimes, have harmed someone or have ruined someone's life.

They have to compensate for it.

That aside, what kind of difference they have, between the people who have committed crimes, have served the sentences and the people who speak the exemplary cases fluently, speak of love calmly or sometimes hotly and call for the importance to love people and respect the life?

What is good and what is bad, what is genuine and what is fake, what basis do your judge it on?

What will you do, if you learn it is fake suddenly one day, what you have believed genuine?

If it is trivial matter or does not make much difference in either case, it will come to "oh, it was fake, that is how the world is."

However, what I mention is the case that you are informed as it is fake for something affecting your basis.

In short, what will you do, if you learn it is fake, such as yourself, your entity, the thoughts that you think you are?

One will not think it easily, as it is fake.

Nobody does not doubt, one is one's existing self.

It is natural that one and others mean their visible selves. (material)

Everything begins from there. Everything, such as someone says and does.

The world moves on that basis.

Everybody makes effort for their (material) happiness, joy and prosperity.

It is the flow of this world.

They may have inkling as it is only the natural catastrophes, if there is anything to turn it over from the foundation.

Meanwhile, there were many things to induce one's physical self to joy.

Firstly, one blisses to let people recognize oneself, it is natural for the person who has the physical being.

Bless the physical being, look at me. I really feel it pitiful at present, but there is nothing but such great honor for the person who lives with the thoughts as the physical being is true.

I was afraid of facing the fact that I lost my true self and had wandered forever.

I think, the human is something like that.

It was my conclusion after the meeting with this study and Mr. Tomekichi Taike, that I cannot become happy though I work hard, as long as I cannot face myself and do not learn anything but my false self.

We have sought outward greedily for the invisible power represented by god or Buddha. We did not know the mistake or fear for praying with wish.

Don't you come up with the pray in your heart taking an opportunity?

Don't you have your thoughts asking for the saving?

Don't you expect the mystic force?

Actually, those thoughts are brought out of the forgotten true selves.

We forgot our true selves, put our hands together and prayed over.

Did you ever think, what you put your hands together and prayed for? You would not.

Because, you think, it is good to put your hands together and pray for.

It is not realized that your actions or your thoughts to do it violate yourself.

It would be the evidence for you to have existed without knowing your entity.

## Looking at the truth

They make noise for the deception in the world, but it is nothing new.

Looking back in our history, everything was covered by the deception.

We moved through without realizing the deception.

Though we did not know what we are, what kind of entity we are, we spent the time on the basis of our false selves.

Nobody could conclude that we were only the deceptions.

Nobody could realize that we sought for the happiness and joy, talked about love, called for justice and peace in the deception.

Naturally, it adds another layer of confusion in the world, though we make the great effort.

Someone may feel that the darkness in the hearts of people appears with the comprehensible forms, as something may be wrong or something may be crazed.

As for the news, they are all dark news.

The humans who became the slaves of money are reported every day, such as they cheated or killed the people.

It is, so to say, the natural result.

Then, someone may think, "Aren't there anything decent? That is fake, this is deception. At least, let us live as we should be."

If so, please learn that you were the false self.

You did not know your true self but thought your false self as yourself.

It is our only and great challenge to realize ourselves as the deception.

We cannot live as we should, unless we break through that challenge.

All of the happiness, joy, justice, love and peace are made up on the basis of deception. The deception is deception and is not genuine. Hence they will reveal themselves fake. There will be various cases to appear, but they will indicate themselves deceptive.

"How can you be sure for it?"

It is because we try to learn the truth, what our true selves are.

Obviously, "we" mentioned here does not mean ourselves of physical forms.

It may be easier to understand as "the flow," like the flow in the world.

It is the flow, such as wishing to learn, let us learn, will learn the truth.

We are in that flow.

That flow itself is us.

Hence, the encouragement for realization will occur increasingly.

We will encourage ourselves.

Toward that end, the things made up with the deceptions must come out in the open and must be ruined all over.

Yes, it will go in the direction for all deceptions to be ruined.

That work and process are required for us.

Everybody must learn it in the heart that only the deceptive world was built on the deception.

The deceptive world is the cloudland that is turned to the bubble and is vanished away. It is awaited, when and how one realizes it was really foolish, though one grasped the cloudland and prayed for it not to disappear. The humans have sought for the mystic force greedily.

We grasped them as the special existence other than us, the humans.

We have turned our hearts, such as seeking for power, prostration or awe toward god, Buddha or the power of universe.

It was never understood in the deceptive world, how it was stupid and ignorant or how it was blasphemous against oneself.

Giving a prayer to god, pledging allegiance or devoting oneself to Buddhism, all of those were completely wrong.

The wrongness was based on the perspective as the humans are the physical forms of bodies.

It was completely wrong.

The humans do not have the physical forms. The humans are originally invisible beings. However in fact, everybody has the physical feature.

Because, it is really meaningful for the invisible entities to have the visible and identifiable things.

Everybody misunderstands its meaning.

Then, why the invisible entities have the physical forms of bodies?

What is it, if there is the meaning to have it?

It becomes gradually obvious in every situation of deceptions.

Now, I make a proposal.

Why don't you put an end to the life of devoting your energy to the false happiness and prosperity?

Please also think of the following three points.

What were you born for?

Why do you have the present lifetime?

Is it really good to die as you are now?

The opportunity will definitely arise for everybody to turn for direction of life.

However, it is not the change in direction for the life being said in the world.

Those knowledge is overflowing in the world.

The wise words, wise saying and its measure were all mentioned, as for how to live, how to move through the life.

It may become helpful to some extent, but it also remains in the deceptive world.

There is no hurry.

It is good enough to look into the world carefully.

It will be delivered to our eyes and ears, how Japan and the world will become and how the earth will be changed in not too distant future.

It is the affairs in the deceptive world, though it is looked like the prosperity as the sunrise.

Hence, the prosperity will be ruined instantly taking an opportunity.

After the ruin of physical forms, the internal dirtiness and ugliness will be brought to the light of day.

We will learn our stupidity and ignorance through the reality spreading before our eyes. It is the natural catastrophe to drive it up.

We will learn the limit to seek outward, through those affairs.

It will become physically to abandon god or something believed in.

It is not easy to abandon the things believed in, though we wish to abandon it.

It may be proper to say that we will have no choice but to abandon it.

What did we believe in? What shall we believe in?

That turning point will be the hard time.

The humans will turn their thoughts toward within themselves at last through the hard time.

What kind of entities are we?

We will be shocked stiff before the reality that everything is vanished away instantly. We have no choice but to accept the fact.

We get completely stuck.

However, then.

Then, we start out.

As far as we desperately pursue the immediate happiness daily with our thoughts as the physical forms are true, we may think, whether it will really occur, hence it will still be unrealistic.

The thoughts of one time only life that ends at death exists deeply in the hearts of humans.

Hence, we take good care of the present lifetime and our lives.

It is just our enemy who claims the important present lifetime and lives.

We must fight with enemy and win. We exert the fighting energy continually.

It is what we have done so far.

We have exerted the fighting energy under the slogan of justice.

We were in the contradiction to exert the fighting energy, seeking love and praying for peace.

The negative decision will be given to our way of being.

I feel it is the time from now on.

## When I mention love and death

When I mention my thoughts, I sense, something lain beyond the truth in love and death leads directly to the great energy of love, strong vibration and joyful energy.

The people studying continuously know that energy will be indicated as the natural catastrophe.

Yes, when I mention love and death, it leads to the natural catastrophe.

I have the thoughts within myself that we are inseparable with the natural catastrophe. And, there is the universe as the origin of natural catastrophe.

My thoughts have been turned toward the universe for a long time.

When I look within my heart and meditate, I sense, I am inseparable with universe, UFO and natural catastrophe.

I do not think, I am special, but for some reason, I have strong thoughts wishing to feel the universe. Feeling the universe means feeling myself.

I know, it is still too early when I look around, but I wish to communicate deeply with the universe within myself.

I have provided this lifetime for it.

It is inevitable to be constrained by my physical self, once I have the physical being. However, I cannot learn my true self, unless I have the physical being.

After I leant it, I strongly think that we have been in the flow and the flow itself was us,

as I sense that I had this physical being and provided the things around me.

I appreciate it from my heart that my thoughts to realize the truth within have existed steadfastly and deeply, even though my heart was constrained by the physical form and was induced toward the energy of outer power.

I feel in my heart, those thoughts have towed my silly physical self and have led to my present self.

I confirm in my daily meditation that I have planned repeatedly to meet my true nature in the transmigration to be born and die.

They all were affairs in my plan, why I was born, why I was going to die and why it became so.

I myself knew everything.

My true self has repeatedly conveyed to me, "You cannot live with anybody else but me." It was joyful and appreciative to meet those thoughts, hence the meditation is really joyful.

It was the absolute truth, there was the existence that has believed me and has loved me. I made a pledge to move through with my such self in this lifetime.

Because, I learnt it was the truth to live together with my true self.

We cannot live with nothing, since we were born.

We need at least clothing, eating and the place to live.

We, the silly physical beings, still require in addition to those.

We wish to become happy as far as we were born.

Everybody wishes the fruitful life or the happy life.

Everybody wishes to become happy, though there are various thoughts, how to become so. When I think, what the happiness is, I reach my thoughts that the humans have moved through without knowing the true meaning of happiness.

We have desperately sought outward, as we thought that there were happiness and joy outside.

We have sought for it grievously.

If we ask ourselves, when we feel our happiness and joy, the answer comes out by itself.

Mostly, we require something to feel happiness and joy.

It is because we have this or that, or somebody is there.

However, there is a person who mentions as follows.

"I am happy and joyful, though I have nothing."

How about it really?

If there is anybody mentions, "I feel joy to be kept alive and appreciate it", I would like to ask one,

"Do you know of yourself?"

"What are you kept alive by?"

The satisfactory answer will definitely not be provided.

I would also like to ask the person who mentions, "thank god", "saving grace of god," "mercy of Buddha."

"What do you refer to god or Buddha? Do you really think of god and Buddha existing?"

It should be same.

Nobody can answer it.

Because, there is nobody who met the truth.

It is not easy for the humans, who thought that the power of god, Buddha or universe is something in the different world and that is much higher than their world, to learn the true world within themselves.

How can the humans realize it, how ignorant, greedy and stupid it is to make wish for the perfect health or peace and quiet?

How can they realize it, the thoughts like the ancestors are watching over from the heaven are totally wrong and nonsense?

Are there no other way but to put one's life in the helpless state, though one seeks and prays for the saving?

I think so.

I think, there is no other way but it.

The humans have to become naked in the true meaning.

We should have the time to "face ourselves only with our own hearts," though we have at least for clothing, eating and sleeping.

We have to learn that everything was wrong, such as we wished to become happy, asked to make us happy, as we prayed, enshrined and donated.

The prompt for awakening is given relentlessly until we become so.

The true energy of love is severe, since it is gentle.

It is relentless.

It conveys to us that it is 1+1=2, is  $1+1\neq3$ , it never becomes 3.

However the thoughts that physical forms are true require to make = and  $\neq$ same, or try to make it so.

It would be the fact in the physical world and the common sense.

However, the true and vibrational world is the world that the fact and common sense are not effective.

We originally exist in that world.

There was the big difference between our true selves and our false selves, and the truth were far away until the present lifetime.

It is pulled in front of us and conveys to us to learn the true world.

It is the present time.

The people learnt this study may have an inkling as what kind of time the present is and what kind of time they will have.

It may be still an inkling, but will become clear in time.

It will be conveyed to our hearts through the various affairs and people.

Hence, it is good enough to repeatedly have the calm time for meditation.

## In faithful accordance with my thoughts

I mentioned so far, as my thoughts came up.

I take my liberty but the contents mentioned are not understood in the mind.

It may be agreed, if it is directly led to our lives but regretfully it is not like that content.

I cannot mention the content like that. I also do not intend to mention it.

When I think to make it easy to understand, or how I should convey my intention, I cannot hit the key at all.

However, expecting to be understood in the hearts someday, I become to be faithful in accordance with my thoughts coming across in my heart.

It is to let us think of the universe.

The universe, it is obviously not the universe as the galaxy.

It is the vibrational world as the universe in our hearts.

I have commenced my website titled "let us study together in UTA circle," as I wished to share the joy and happiness to think of the universe with many people as possible. I currently study together with my colleagues in order to carry on the thoughts of Mr. Tomekichi Taike who had his physical being and had conveyed to us the true vibrational world for more than 30 years.

Though Mr. Tomekichi Taike does not have his physical being at present, but the conscious world of Mr. Tomekichi Taike does not change, but encourages us more firmly and directly than the time with his physical being, to go forward to the true world.

He continually flows by the vibration his message as please accept in your heart the flow of consciousness definitely existing.

The flow of consciousness, it is the plan of the conscious world to go beyond the dimension. It was the conscious world of Tomekich Taike, that has conveyed to us, there is the plan for us who repeated the numerous transmigrations with the physical forms on the earth to go beyond the three dimensional world in time.

UTA in the phrase of "let us study in UTA circle" stands for, such as U for UFO, T for natural catastrophes (Tenpenchii in Japanese) and A for Albert.

The true vibrational world had the physical being, in order to convey the flow of consciousness to us in the three dimensional world in this lifetime.

Though he was the consciousness that was not required to have the physical being normally, came to the three dimensional world in order to convey the flow of consciousness.

It was the physical being of Tomekichi Taike. The consciousness with the name of

TomekichiTaike has conveyed to us the true vibration through his physical being.

He conveyed to us that the time limit for the flow of consciousness to go beyond the dimension is 300 years.

The consciousness that has come with the physical being of Tomekichi Taike to convey the flow of consciousness toward the dimensional migration will have the physical being again a little prior to the time limit of 300 years.

The name of physical being at that time is Albert.

I, Kayo Shiokawa, has studied with the physical being of Tomekichi Taike in this lifetime and has accepted the flow of consciousness toward the dimensional migration in my heart. Hence, my transmigration left on this earth becomes only once in 250 years from now, when Albert comes to have the physical being.

I still have the physical being as Kayo Shiokawa in this lifetime.

The conscious world of Tomekichi Taike does not have the physical being at this moment. It is the current flow to study the conscious world in that state.

The time for me to leave my physical being will come before long.

I myself being only the consciousness will spend the time to communicate with the conscious world of Tomekichi Taike and will have the physical being at the same time as Tomekichi Taike and will have the last minute in three dimensional world.

Please feel in your heart that the plan of the flow of the consciousness is proceeding smoothly.

The flow of consciousness conveys the dimensional migration.

The dimensional migration goes with UFO, the dimensional migration goes with natural catastrophes and the dimensional migration goes with Albert.

Please participate in the great plan to go beyond the dimension that is conveyed by the flow of consciousness.

Let us go beyond the dimension together.

Please lead your study in this lifetime to your next transmigration and go beyond the dimension together.

Let us return to our homeland, mother universe.

"The universe exists.

The universe is the joyful energy existing in our hearts.

The joyful energy will appear clearly from now on.

The natural catastrophe is the unavoidable reality.

Please accept the natural catastrophe with joy.

We are the joyful energies that return to mother universe.

Mother universe communicates with us to return to her.

I will spend my time in faithful accordance with that thoughts in future."